

6th May 2022



Dear Parents/Carers,

During the next 2 weeks the "Phunkyfoods" team will be delivering workshops to children in KS1. Y2 will take part on 9th May and Y1 will take part on 16th May.

The Y2 children will be making bruschetta with a range of breads. Ingredients being used are:

wholemeal brown bread

INGREDIENTS: Wholemeal **Wheat** Flour, Water, Yeast, Salt, **Barley** Malt Flour, Sugar, **Wheat** Gluten, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Spirit Vinegar, Preservative (Calcium Propionate), Rapeseed Oil, Flour Treatment Agent (Ascorbic Acid).

tortilla

INGREDIENTS: Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Palm Oil, Humectant (Glycerol), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Sugar, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Acidity Regulator (Citric Acid), Salt, Preservative (Calcium Propionate), Flour Treatment Agent (L-Cysteine Hydrochloride).

naan

INGREDIENTS: Wheat Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Rapeseed Oil, Yeast, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Kalonji Seed, Salt, Preservative (Calcium Propionate)

white roll

INGREDIENTS: Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Fermented **Wheat** Flour, Rapeseed Oil, Sugar, Salt, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), **Soya** Flour, Palm Oil, Dried **Wheat** Flour, Spirit Vinegar, Flour Treatment Agent (Ascorbic Acid).

Flatbread

INGREDIENTS: Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Rapeseed Oil, Yeast, Spirit Vinegar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphate), Salt, Preservative (Calcium Propionate), Wheat Starch.

Tomatoes, mozzarella cheese, basil leaves, black pepper, olive oil. Extra topping options of peppers, sweetcorn and olives. There will also be some dairy/soya free cheese available.

The Year 1 children will be making Supercrunch. Ingredients being used are:

Strawberries, grapes, peaches, natural yoghurt and bran flakes.

All children with known allergies will be catered for. If you have not yet notified school of an allergy or you do not wish your child to take part in this activity please send a Dojo message to your child's class teacher by 9am on Monday 9th May.

This is an enrichment activity costing **50p per child**. All costs will be covered by the enrichment contributions collected at the beginning of the school year.

Thank you for your support

KS1 Teachers